

# EDUCATION WITH BALANCE



The Country Day School

# EDUCATION WITH BALANCE



**Confident and inquisitive**  
**Creative & reasoned**  
**Strong and adaptable**  
Self-directed & community-minded  
**Reflective and active**  
*Serious & playful*  
Grounded and limitless  
**Connected & unplugged**

**THIS IS A LIFE OF BALANCE**



# WHO WILL YOU BE?

WHO WILL YOU BE?

## A JOURNEY OF DISCOVERY

Why is community our first priority as a school? Because as educators, we know that exceptional learning only happens within the context of supportive relationships. We also know that a strong sense of belonging paves the way for individual exploration and accomplishment. Students who feel at home will take risks, reach higher and know themselves better.

The most effective preparation for a life of purpose and distinction is a solid sense of self. That's why our guiding question for students is "who will you be?" If they know who they are, their path in life will reveal itself and they will proceed with the confidence and clarity that ensure success.

To support their journey, we offer a balanced academic, experiential and extracurricular program. We attend to wellness and character as much as intellectual development and university preparation. We take pride in knowing, inspiring and supporting our students. And we participate actively in their discovery of who they are and where they are headed in life.

### Unique Individuals

*Every child is different and our role is to nurture their distinct qualities. From differentiated learning to diverse activities, daily life at CDS is purpose-built to ensure our students thrive because they love coming to school.*



# CURIOSITY IS CONTAGIOUS



“THE TEACHERS ARE AMAZING. THE TIME AND ENERGY THEY PUT INTO MAKING THE CURRICULUM INTERESTING AND FUN IS AWE INSPIRING. NO WONDER MY SON DOESN'T WANT TO MISS SCHOOL!”

LU-ANN CLARKE, CURRENT PARENT

## THE JOURNEY BEGINS

Our youngest students develop a strong sense of self in a supportive and engaging learning environment.

This is a time of exploration and adventure. In all three sections – Kindergarten, Primary (Grades 1-3) and Junior (Grades 4-6) – children are curious about the world and want to know who they are and where they fit in. What passions will they discover? What talents will emerge? Will they become athletes, musicians, math whizzes, engineers or stewards of the environment? Every child deserves the best possible opportunity to find out.

At CDS, the journey from early learner to confident leader is carefully nurtured by talented teachers who are close by to support learning and foster independence. And we invite parents to be an important part of the equation: through attending special classroom events, dramatic productions, music nights, school assemblies and school sports, they see firsthand how the warm embrace of the Junior School contributes to their children's growth.



## CITIZENSHIP PLEDGE

*CDS can count on me.  
I pledge to act with integrity;  
to do what is right and fair.  
I will show respect for myself,  
for others and for the environment.  
I will be responsible for my actions  
at work and at play.  
I will be honest, trustworthy,  
courageous and kind.  
CDS can count on me to try my best,  
to be my best, each and every day.*



## Mindful Technology

Technology is an important support for learning, and Junior School students have regular access to tech labs, Apple iPads, LEGO robotics and classroom computers. But while digital learning is a part of every grade, we know that the greatest factor affecting student success is the student-teacher relationship. Our students benefit from the best uses of emergent technology while we ensure that the fundamental relationships that shape their lives come first.

## Leadership Opportunities

Authentic leadership opportunities build gradually from grade to grade toward the culminating Grade 6 year when students manage morning announcements, run weekly assemblies, lead their peers on play days, organize community service events and teach younger students, such as their Grade 1 reading buddy. Through real-world experiences, our students learn to lead with purpose and compassion.

**Pathways to People**  
Every year Grade 6 members of Pathways to People organize the Junior School Food Drive for the King City Food Bank.



## MY FAVOURITE THINGS ABOUT CDS...

1

### MISTAKES ARE OKAY

You're never in trouble if you just try your best every day.

2

### PLAYING SPORTS

I am on the basketball, soccer and softball teams. Basketball is my favourite.

3

### IT'S COMFY

I know everyone here, and everyone knows me, especially my teachers.

4

### TUESDAY ASSEMBLIES

Everyone gets a chance to be on the stage, and everyone listens to the little kids.

5

### THE DINING HALL

I try all kinds of food here that I would never eat at home.  
– Liam, Grade 6



**Subject Specialists**

*Our Middle School subject specialists help develop self-confidence in their students by offering appropriately challenging tasks within an encouraging classroom environment.*

**A TIME OF TRANSITION**

As independence increases, Middle School learners face new social and academic challenges.

Between the Junior and Senior Schools lies what the CDS community affectionately calls “Middle Earth.” Poised between childhood and adolescence, boys and girls of this age are at a unique developmental stage when social relationships become more complex, the yearning for independence grows, and friend groups often matter more than anything else – including schoolwork! More than ever, students are asking “who am I?” and “where do I belong?”

Our highly experienced Middle School teachers understand the pressures and joys of this transitional time in a young person’s life and provide a steady stream of guidance about good judgment and personal responsibility. Our academic program draws on the best research in education to provide an ideal mix of problem-solving, critical and creative thinking, and personal reflection. Co-operative learning groups encourage all students to have a voice and harness their need for social interaction.



**A Team of Experts**

A coordinated team helps Middle School learners navigate the uneven waters of early adolescence.

Homeroom advisors, classroom teachers, teaching associates, guidance counsellors, learning strategists and the Director of Middle School know each student well and understand their goals. Students are assisted with binder organization, study skills, time management and social/emotional concerns. This sensitive time of growth requires just the right level of support.

“OUR MIDDLE SCHOOL CURRICULUM IGNITES INTELLECTUAL CURIOSITY IN KEY AREAS: NUMERACY, ORAL AND WRITTEN COMMUNICATION, CRITICAL AND CREATIVE THINKING, PROBLEM-SOLVING AND COOPERATIVE LEARNING.”

**Learning is Social**

*Our co-ed classrooms are focused as much on academic study as they are on the development of positive peer relations and preparation for life in the real world.*



**Portage Day**

*The annual Middle School Portage Day is the final component of the Quest for the Bay unit, involving a 1.6 km simulated historical portage of picnic table “canoes” in the back acreage.*

## READY TO LAUNCH

Students on the verge of self-sufficiency need just the right balance of freedom and support.

The teenage brain is a wonder. In addition to rapid cognitive development, teenagers are wired for impulsivity, risk-taking and autonomy. Each a freedom fighter, it's no surprise that parent-child conflicts sometimes erupt at this age! At the same time, teens are highly compassionate, concerned with social justice, champions of global causes and fiercely loyal to their friends. It's a time of enormous growth and change.

The CDS Senior School is large enough to provide extensive opportunities for individual exploration and small enough to ensure that each student is known and valued. Our oldest students have the greatest array of courses and extracurricular options to choose from so they can pursue their distinct interests. And our academic program offers the intellectual breadth and differentiated instruction that allows students to achieve their best in every subject.



## University Preparation

Our curriculum prepares students exceptionally well for university. Students also receive ongoing support from Grade 9 onward to ensure they are on the right path toward their post-secondary options. At any time, they can meet with our Director of University Placement or their guidance counsellor, and they also attend sessions on course selection and the "how-to" of university application. And in Grade 12, students have a choice between two trips to visit university campuses firsthand. Our University Placement Office works closely with each graduating student to find the right fit for their post-secondary pursuits.



“EACH DAY, OUR TEACHERS BRING FAR MORE THAN SUBJECT KNOWLEDGE TO THEIR CLASSES. THEY BRING OUT THE BEST IN THEIR STUDENTS THROUGH PERSONAL CONNECTION, DIFFERENTIATED INSTRUCTION, AND EXPECTATIONS SET AT JUST THE RIGHT LEVEL SO THAT EVERY LEARNER CAN REACH HIGHER.”

## Education with Balance

Our goal as a school is to do much more than graduate exceptional test-takers: it's to graduate exceptional people. Research shows that success in the classroom is only one among many factors that lead to a useful and happy life. Involvement in extracurricular activities boosts confidence and well-being, so we encourage

each student to join a club or sports team, play in the band, audition for a play, lead an assembly or get involved in a school publication ... wherever their curiosity takes them. Now is the time to try new things.

Education with balance means spending time each day in engaging activities that

develop the whole self, energize the spirit and complement academic achievement. It means becoming a person who lives life with purpose and joy. We are very good at preparing our students to excel at university – but we are even better at preparing them to excel at life.





**A New Kind of Learner**

A real outdoor education requires students to use their senses in a whole new way as they explore the landscape and direct their own learning. Sometimes, they sit quietly and take in the natural world around them or write reflectively in a journal. Other times, they build forts or roam the hills to investigate biodiversity. Learning outside is different: the mind is free, the imagination is stirred and a sense of independence takes root.

**THE NATURAL CLASSROOM**

Taking the learning outdoors encourages environmental citizenship, promotes health and well-being, and is just plain fun.

Research shows that there is no place like the great outdoors to improve memory and attention – critical skills for success in learning and life. The natural world also promotes creativity, enhances confidence and enriches a child’s sense of wonder and connection to the earth. That’s why we want our students to go outside with a purpose.

Our 100 acres of protected wetlands, fields and forests are home to indigenous plant species and regional wildlife and create a unique opportunity for students to learn and explore. The CDS campus is a natural classroom where students head outside for a hands-on education equipped with essential learning tools: rubber boots, weatherproof clothing and their five senses.

**Junior School**

*Junior School students enjoy regularly timetabled outdoor learning experiences with their teacher and our outdoor education specialist. Together, they dig and plant, investigate seed dispersal, explore bulrushes and study the water cycle or build a terrarium. Each outdoor unit is seamlessly integrated into the science and social science curricula.*



“OUR COUNTRY SETTING ALLOWS US TO EMBED ONGOING, HANDS-ON, EXPERIENTIAL LEARNING INTO THE CURRICULUM THROUGHOUT THE ENTIRE SCHOOL.”

**Middle School**

*Grade 8 students participate in a full day of outdoor activities at Seneca College Outdoor Education Centre in King each year. Students develop teamwork and outdoor skills as part of the Grade 8 History and Physical Education unit, Quest for the Bay.*



**Senior School**

*Our Grade 9 Green Industries half-course immerses students in environmental sustainability studies while introducing them to the ways in which green industries and society are interdependent. In addition, senior subject teachers work with the Outdoor Education Coordinator to create curriculum-driven learning modules such as exploring the headwaters of the East Humber River, staging an outdoor theatrical performance or snowshoeing on our trails.*





# FOLLOW YOUR DREAMS

“DRAMA HELPS BUILD SELF-CONFIDENCE AND REQUIRES DEDICATION WHICH PUSHES YOU TO BREAK DOWN YOUR BOUNDARIES AND DO THINGS YOU’D NEVER THOUGHT POSSIBLE.”

JOSE TORREALBA '17





### The Play's the Thing

Annually, there are three major productions at CDS – Junior, Middle and Senior – to ensure that all students have the opportunity to take the stage or work behind the scenes. Students take leadership roles in the school plays not only in performance, but in writing, directing, technical support, production design and stage management. All of their hard work culminates in several public performances for the CDS community.

## CREATIVITY AND INNOVATION

A balanced education includes the arts so that students are able to develop the creativity, self-awareness and communication skills that drive innovation.

What role does the imagination play in everyday life? The ability to form an image of something not yet in existence was essential for the invention of the personal computer, the discovery of the double helix structure of DNA, even the concepts of evolution, democracy and the World Series! As education author Sir Ken Robinson says, “imagination is the source of all human achievement.”

Because the arts spur creative problem solving while providing avenues for personal expression, CDS students enjoy plenty of options. Our expert teachers and visiting specialists in drama, music and visual art complement our extensive extracurricular offerings. And students have many opportunities for public performance or presentation in galleries, festivals and competitions, both local and international.

“THE ARTS DEVELOP OUR ABILITY TO THINK, COMMUNICATE AND FEEL. THEY ARE INSEPARABLE FROM LEARNING.”



### Instrumental Music

CDS offers instrumental music instruction from Kindergarten to Grade 12. In Grades 3 and 4, students are introduced to the recorder and Orff instruments. In Grade 5, they take up either a brass or woodwind instrument and join the Junior Band. In addition, our extracurricular ensemble options include jazz, choir and concert band in the Middle and Senior Schools.



### The Performing Arts Centre

Our state-of-the-art Performing Arts Centre enhances our ability to inspire and instruct our students. With an adaptable atrium space, a full-time Technical Director and Production Assistant, a main stage for live music and drama, workshops for set building and costume design, a black box theatre, and individual rehearsal and tutoring rooms, the PAC offers flexible spaces that spark the imagination and drive excellence.



### Visual Art

The CDS visual art program is led by specialists who work out of our two art studios. Dedicated art classes in which students explore both new and traditional media are offered from Grade 4 to Grade 12. At GRADX, the Grade 12 Art Exhibit, students prepare a portfolio, create a brochure and display their work in the School's gallery space for the CDS and local community.



### Vocal Music

Vocal music instruction begins in JK and carries on within the classroom until the end of Grade 7. Beginning in Grade 2, students become part of a formal choir that prepares them for the Primary and Junior choirs. Vocal music is also an extracurricular option starting in Grade 4 and continuing through Grade 12 with our Junior, Middle and Senior School choirs.



**A Perfect Balance**  
 Our athletic program achieves the dual goals of producing competitive teams while providing an opportunity for almost every student to play a sport.

“INTEGRITY GUIDES EVERYTHING WE DO AND ATHLETES LEARN TO TREAT COACHES, TEAMMATES, REFEREES AND OPPONENTS WITH RESPECT AT ALL TIMES.”

**Competition Beyond CDS**

The strong foundation of sport we provide allows many of our graduates to compete at the university level, on national teams or even in the professional world. Whether or not they attend university on an athletic scholarship, win an intercollegiate conference or bring home a Cup, our graduates carry their love of sport to levels of competition beyond CDS.



**GO CYCLONES!**

Students take great pride in pulling on a CDS jersey and their involvement in sport builds lifelong skills, habits and memories.

Our athletics program aims, first and foremost, to develop character. Athletes learn to balance the demands of competition and academics, persevere through difficult situations and put their team ahead of themselves. And they love practicing, travelling and playing with their peers.

Our campus contains seven full-size fields, including one outdoor and one indoor artificial turf. We also have three double gyms, a fitness room, a 400-metre rubberized track and several cross-country trails. We offer 70 teams in 24 sports beginning at the U12 level, all of which compete in the Conference of Independent Schools Athletics Association (CISAA). Our teams regularly qualify for the final four and have won countless championships over the years.

**High Performance Athletics**

For competitive athletes who are training 12 or more hours a week outside of school and are provincially or nationally ranked in their sport, CDS offers individualized scheduling and customized coursework to accommodate their busy lives. Our High Performance Phys-Ed Program allows student-athletes to succeed academically while passionately pursuing their sport.



**For The Fun Of It**

In addition to school teams, students also enjoy sport-based clubs, intramural leagues, lunchtime pick-up games, House activity days and access to the athletic facilities at lunch and recess.



**Sport Development**

Our leveled program advances from a more participatory model for our younger students to a greater competitive focus for senior teams. As players rise through the age divisions, their sportsmanship, self-discipline and game skills develop progressively. And whether they decide to try something new or pursue a longstanding passion, players benefit from expert coaches who guide them as athletes and people.

## HEALTHY LIVING

Learning is hard work! Students who feel good – physically and emotionally – are more successful in their studies, so we pay attention to the little things that keep everyone strong, steady and motivated throughout the day.

### Staying Balanced



#### Mindfulness and Reflection

Students have access to a break-out room in the Student Services Centre where they can slow down, reflect on their day and even enjoy some “colouring book” therapy! We also invite outside experts to the School to provide mindfulness classes for students.



#### Positive Relationships

We help students respect and celebrate each other’s differences and build positive peer groups. Speaking up if bothered, taking other people’s feelings into account and navigating social media are important life skills. Positive relationships make the good times better and the tough times easier.



#### Staff and Faculty Wellness

Adults need to model health and wellness, so our staff and faculty have access to yoga classes, fitness sessions and fun, physical activities such as ultimate Frisbee. Faculty professional development time has also been devoted to personal balance and wellness.



### Marché-Style Dining Hall

Baked flaxseed chicken fingers, gnocchi with butter sage sauce, grilled pork with maple glaze ... a typical week in the CDS Dining Hall. The delicious, healthy meals we provide are always made from scratch with locally-sourced ingredients whenever possible. Many Ontario farms supply our kitchen, and our experienced chefs create seasonal – not cycle – menus.

Dietary needs are easily accommodated by the kitchen staff and at the numerous food stations such as the Green Kitchen (vegetarian), the Country Kitchen (traditional favourites), and the Oven (Italian specialties). Fresh, appealing options are available every day. Our students eat food in tune with the environment and try new dishes all the time.

We offer our youngest students a little extra help since they are not quite ready to serve themselves. Meals are delivered to the Kindergarten classrooms, and Grades 1 to 3 dine “family style” with their teachers. Students from Grade 4 and up can then serve themselves from the food stations.



“ENJOYING GOOD FOOD WITH GOOD FRIENDS POWERS THE MIND AND BODY FOR SERIOUS LEARNING AND PLAYING.”



“AT CDS, YOU ARE ENCOURAGED TO TRY OUT FOR TEAMS EVEN IF YOU HAVE NEVER PLAYED THAT SPORT BEFORE. IF YOU DON'T PUT YOURSELF OUT THERE, YOU WILL NEVER DISCOVER WHAT YOU ARE CAPABLE OF.”

LUCAS DASOVIC '16

**LIFELONG FRIENDSHIPS START HERE**

**LIFELONG FRIENDSHIPS**

**Help is Readily Available** Members of our Student Services team are always available to help students manage their academic load and support their emotional health.



## ACADEMIC AND SOCIAL SUPPORT

Whether students need a hand catching up on missed work, planning ahead for major projects or managing their personal relationships, CDS has resources in place to support success.

### Literacy Lounge and Guidance

Junior School students have a dedicated space in the Literacy Lounge where resource teachers are available to provide learning support. Whether a student is reading below grade level or ready for advanced math, the Lounge provides development and enrichment opportunities. In addition, our Junior Guidance Counsellor is available to support students, faculty and parents.

### Student Services Centre

The Student Services Centre (SSC) attends to our Middle and Senior students' learning

needs and also provides individual support for social and emotional matters. Here, students can meet with their guidance counsellor, get extra help from a teacher, write a missed test, receive education accommodations, attend an exam preparation session, tutor a peer and so much more.

### Library Resources

The cozy and inviting Junior School library prides itself on an extensive book collection, which encourages children to make reading a daily habit. In the Middle and Senior School, students have access to the print and electronic resources,

computers and digital devices that support their learning. They are also taught the research and technical skills they need to succeed in life.

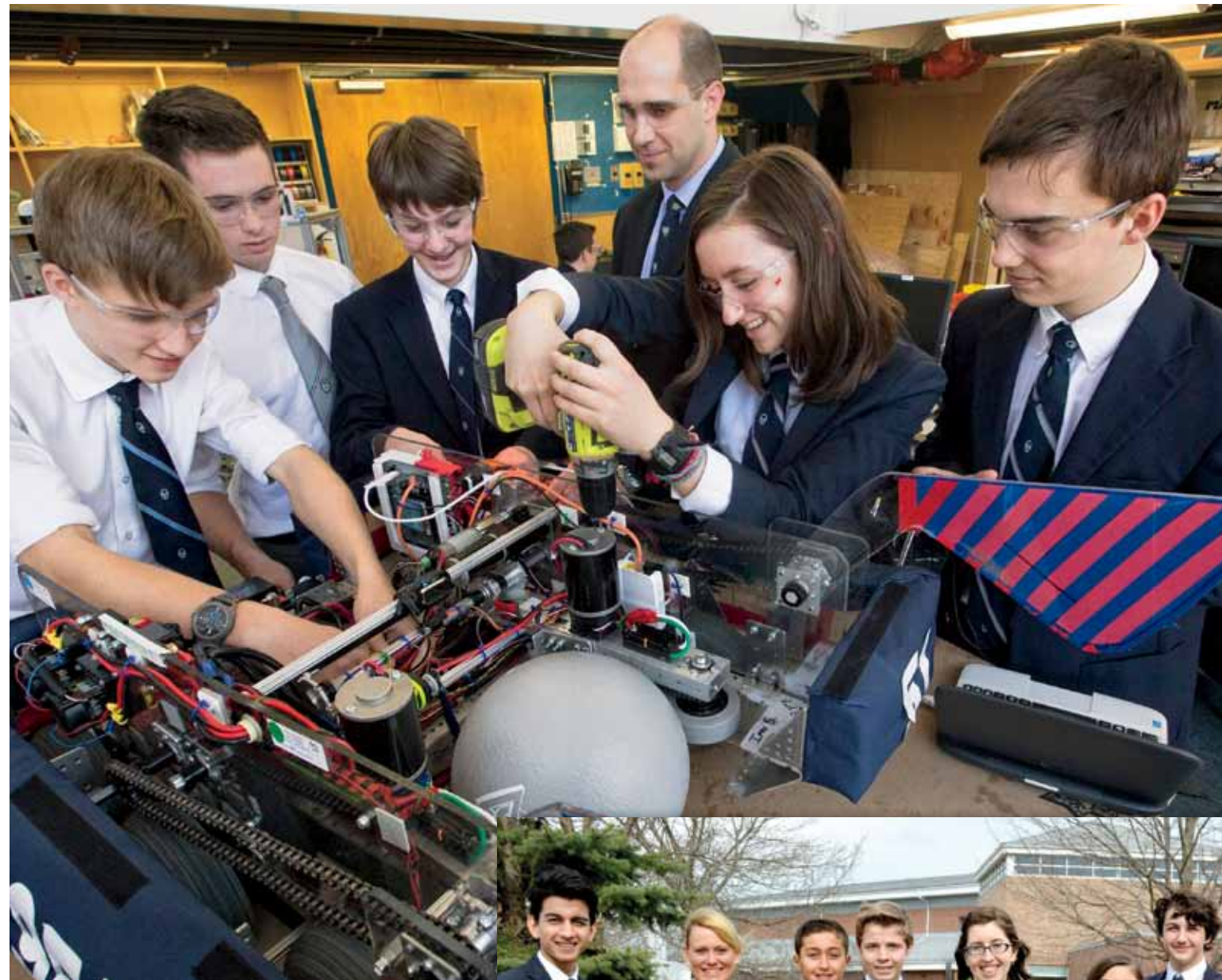
### Advisor System

Everyone needs a mentor in life, so we provide our students with a consistent teacher-advisor presence from Grade 9 through to 12. With the same homeroom advisor for all four years, students always have a person close by who knows them, advocates on their behalf and helps them achieve their learning and life goals.



### Senior School Leaders

Student leadership opportunities are progressive and advance toward significant positions of responsibility. Students in Grades 9 to 12 can lead a club or event, become a student ambassador or house captain, join Student Council or occupy other leadership positions that develop lifelong confidence and skills.



### Club Activities

Interested in writing, photography or graphic design? Looking to become the next chess champion or ball hockey titleholder? There's a club for that! From badminton and ultimate Frisbee to enviro council, social justice and much more – it's easy to get involved.

### Service Trips

One of the best ways to develop perspective and a sense of social responsibility is to join a service trip. Alternating between national and international destinations, our service trips focus on working with communities to help them achieve their goals.



### Exciting Competitions

Some students thrive in competitive events. Our debaters and public speakers, Cyclone Robotics team and DECA club members compete locally and around the world. Anyone up for a challenge can find a great way to develop new skills.

## LEADERSHIP AND GROWTH OPPORTUNITIES

There is much to learn outside the classroom about life, leadership and social issues, so our students join in, help out and test themselves in both fun and challenging situations.



“TO MY FELLOW GRADUATES, I AM HONOURED TO BE A PART OF YOUR MEMORIES. TO MY TEACHERS, IF IT WERE NOT FOR YOU, I WOULD NOT BE WHO I AM TODAY. I HAVE BEEN ENCOURAGED, INSPIRED, MOTIVATED AND LOVED.”

RAEESA RAJMOHAMED '15

## CDS GRADUATES MAKE THEIR MARK

At CDS, students pursue their passions in every subject and field imaginable. After graduation, the variety of university programs and professions they choose highlights the value of an education with balance.



**Mike Camalleri '99**  
NHL Player, New Jersey Devils (also played for LA Kings, Montreal Canadiens and Calgary Flames); Studied Sports Management and Communications



**Hart Jackson '02**  
Post-doctoral fellow at the University of Zurich researching imaging mass cytometry; B.Sc. (Hons) in Biochemistry; PhD in Molecular Biology



**Jacqui Luksha '04**  
Employment, Human Rights and Labour Relations Lawyer, Hicks Morley; BCom (Hons) and MIR/JD



**Brian Coulter '04**  
Senior Associate, CPP Investment Board; Rhodes Scholar; MA and PhD in Economics; BEng in Mechanical Engineering



**Bronwyn Oatley '07**  
Policy Advisor in the Social Enterprise Branch at the Ontario Ministry of Economic Development and Growth; BA in International Studies



**Rebecca Rochon '10**  
Founder and Creative Director, Pivot & Pilot Creative; Bachelor of Media Arts, Animation degree

### University Destinations

Members of each year's graduating class pursue a broad range of academic and professional disciplines. Science typically leads the way with 40% of our graduates pursuing Life Science, Physical Science or Engineering. The Social Sciences and Humanities are next at 36% and Business at 17%. Some unique disciplines include Graphic Communications Management, Environment and Urban Sustainability, and Culinary Studies.\*

### Canada

Queen's University Wilfrid Laurier University Western University  
University of Toronto McMaster University University of Guelph  
McGill University Ryerson University Dalhousie University University of Waterloo  
University of British Columbia Concordia University York University Carleton University  
Brock University University of Ottawa Acadia University Trent University University of King's College University of Victoria  
Mount Allison University OCAD UOIT Simon Fraser University Lakehead University Laurentian University University of Windsor  
Bishop's University University of Calgary Emily Carr University of Art and Design University of Saskatchewan St. Francis Xavier  
University Thompson Rivers University George Brown College Humber College Algonquin College Seneca College Sheridan College

### United States

Berklee College of Music Bowdoin College Clemson University Cornell University Dartmouth College Davis & Elkins College FlightSafety Academy University of Georgia Hillsdale College Johns Hopkins University University of Kansas Kennesaw State University Michigan State University New York School of Interior Design New York University University of Notre Dame Parsons School of Design Penn State University Rhode Island School of Design (RISD) University of Richmond Robert Morris University University of Southern California Stanford University Union College Yale University

### United Kingdom and Ireland

University of Bristol Durham University University of Essex King's College London University of Newcastle University of Oxford Oxford Brookes University Queen's University of Belfast Royal College of Surgeons in Ireland

\*Based on statistics from the past five years

## 100 ACRES LOCATED IN KING, ONTARIO

With this much space in which to learn, explore and play, we thought we would point out some of the special features that make CDS unique.



Junior School entrance

Middle and Senior School entrance

DUFFERIN STREET

- 1. Eversley School-house** The original one-room schoolhouse built in 1883 is the heart of our **Junior School** and houses the Junior School library.
- 2. Outdoor Classroom** Younger students tend to perennials and chase butterflies in this beautiful courtyard, a partnership between the CDS Parent Association, faculty and student Environmental Club.
- 3. Middle School Greenhouse** Students bring the outdoors inside our greenhouse
- 4. Stump Circle** Junior School students enjoy an outdoor learning circle created out of tree stumps and a passion for nature.
- 5. Performing Arts Centre** Opened in 2002, our PAC seats 400 for CDS assemblies, dramatic productions, musical performances and many local community events.
- 6. Dining Hall** Staff and students enjoy freshly-prepared meals and snacks every day
- 7. Alumni Commons** Graduating students, alumni, founding families and friends may celebrate their lifelong connection to CDS with a named stone paver in the Alumni Walkway.
- 8. Fitness Centre** Adding to four tennis courts and three gymnasiums, our new Fitness Centre ensures that health and wellness are top of mind for the CDS community.
- 9. Rejuvenated Senior School** Together, the 2016 rejuvenated Senior School and new Dining Hall total 51,000 square feet of state-of-the-art space.
- 10. Hawksworth Field** This sports field features a 6-lane track and is the site of numerous Canadian Accredited Independent Schools' (CAIS) Track & Field meets and sports tournaments.
- 11. Cross Country Trails** Our back acreage offers 2.8 km of trails for hiking, running and mountain biking and an expansive
- natural setting for our Outdoor Ed program.
- 12. Mountain Bike Shed** We keep 25 mountain bikes here as well as cross-country skis, snowshoes and other outdoor equipment used to explore our property.
- 13. Cyclone Sports Dome** Since 2011, the Dome has provided 365 days of summer for phys-ed classes, after-school sports and special activities.
- 14. Centre Field** This soccer and rugby turf field is built with
- an underground cistern to ensure proper water drainage and zero footprint.
- 15. Playing Fields and Greenspace** Stevenson and Quinn Fields complement our other playing fields and connect to plenty of green space for Middle/Senior outdoor learning and exploring.
- 16. East Humber River** This Canadian Heritage River meanders through our property, offering a perfect site for water testing and environmental science projects.



## CDS QUICK FACTS

1972

FOUNDING  
YEAR

740

STUDENTS  
ENROLLED IN  
GRADES JK-12

100

ACRE  
CAMPUS  
IN KING

17

AVERAGE  
CLASS SIZE

70

ATHLETIC TEAMS  
ACROSS  
24 SPORTS

365

DAYS OF  
SUMMER IN THE  
SPORTS DOME

3

DRAMATIC  
PRODUCTIONS  
EACH YEAR

40+

CLUBS AND  
EXTRACURRICULARS

99%

UNIVERSITY  
ACCEPTANCE

1500

ALUMNI  
WORLDWIDE



## GETTING TO KNOW CDS

The best way to get to know us is to come by for a visit. In the meantime, here are a few more details that might answer some of your questions – or inspire you to give us a call.

### Public Speaking and Debating

Starting in Junior School, students are involved in public speaking events and assemblies. Once they reach the Middle and Senior Schools, they are welcome to participate in local, regional, national and international competitions and take on a leadership role for the team. CDS has some of the best – and most decorated – speakers and debaters in the world and has consistently ranked as one of the top three independent school teams in Canada.

### Student Publications

Middle and Senior students interested in writing, photography, illustration, graphic design, editing or desktop publishing are welcome

to join one of the publication teams. Students develop leadership skills and explore their creative side while working on *The Meridian* (yearbook) or *Portraits* (the arts and literary magazine).

### Co-Education

In a co-ed environment, boys and girls are encouraged to view each other as equal partners in learning, play and friendship. At CDS, all children are treated as individuals with no one element of identity – such as gender – singled out as their defining trait. As a result, our students graduate with a real-world understanding of diversity and, of course, lifelong friends of both genders.

### Technology

The essential role of educational technology is to improve student learning. When technology enhances learning, it is highly encouraged, readily available, fully supported and seamlessly integrated into our programs. We also believe in tech-free times when students disengage from their various devices to learn, connect and create in the real world. Senior students are invited to bring their own device (such as laptop) to school for use when needed.

### House System

Students and staff members belong to one of four houses named after important figures in CDS history: Dunlap, Eberts, Ross and

Taylor. Each house brings together students of different ages for fun activities in the arts, athletics, team building and general knowledge. At the end of the year, the house with the most points for spirit and participation is recognized and awarded.

### Excursions

There are some lessons that can only be learned by exploring the world outside the classroom. That's why we offer off-campus adventures for students in music, drama and athletics; club competition trips for robotics, DECA and public speaking; class trips to places of cultural, historical or artistic significance; and many others.

### The Duke of Edinburgh's Award

The Duke of Ed program encourages personal growth, self-reliance, perseverance and responsibility. Students commit to developing themselves in areas such as service, skills and physical recreation through three levels: Bronze, Silver and Gold. This non-competitive youth development program is available to any student.

### Enriched Curriculum

We enrich the Ontario Curriculum at every level, from additional art, music, phys-ed and outdoor education periods to a Grade 9 Comprehensive Arts credit earned in Grade 8 to Advanced Placement (AP) courses in the Senior School. In addition, our instruction is differ-

entiated to offer students personalized avenues to learning. There is no "one size fits all" approach here: our students are individuals with unique needs and interests.

### Portrait of a Graduate

CDS graduates are unique in their talents and interests while shaped by our school culture and philosophy of balance. Here are just a few qualities that our graduates share: independent, confident and resilient; critical thinker and creative problem-solver; self-directed and collaborative; active participant in the community; and ready for the challenges of the world.



## VISIT US!

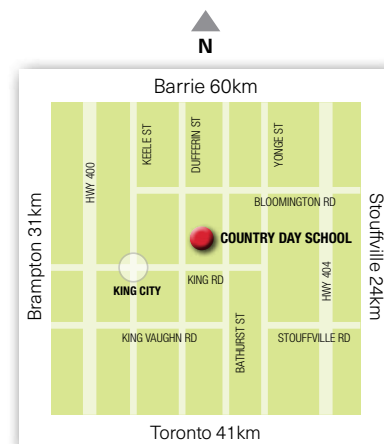
Families tell us again and again that the first time they walked through our doors, they felt a sense of community. They see it in the faces and hear from our students and faculty that this place feels like home.

We would love for you to drop by for one of our many **Open Houses**, book a **personal tour** through the Admissions Office, or even arrange for your child to **attend classes** with a CDS student. Any of these options is by far the best way to see for yourself whether CDS is the right choice for your child.

*We look forward to meeting you.*

### The Admissions Team

Office of Admission  
 13415 Dufferin Street  
 King, ON L7B 1K5  
**905.833.1972**  
**admissions@cds.on.ca**  
**www.cds.on.ca**



*CDS buses transport students from each of these areas and in between every day!*  
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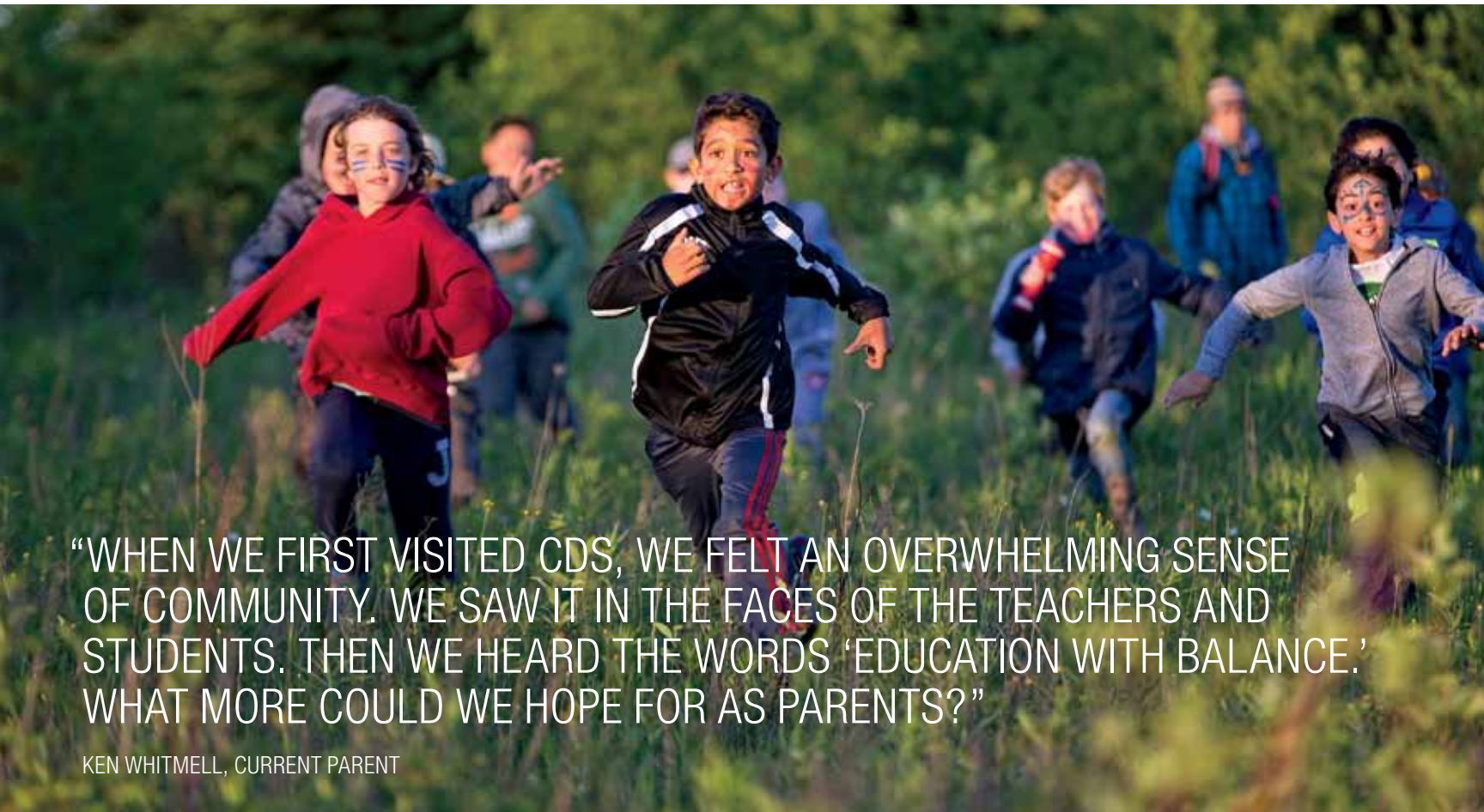


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